



Aerial Star Competition Level Information

Level Requirements

The requirements for placing at each level are fully detailed in the Competitor Packet, this guide is more to give competitors an idea of how the guidelines for each level were planned out and where they come from. Competitors should choose a level based on their current skill sets and the time they have to contribute to their competition piece before the deadline to submit to ensure they have the most success in creating a balanced performance fitting their abilities. We want everyone to be able to succeed and produce a piece they are truly proud of and we cannot wait to see what everyone brings to the virtual stage.

The following information is the basic description that was used to set forth and figure out leveling requirements for all competitors at each level.

★ Level 1 - Beginner

- This level is for our newer aerialists, those who have a year or even less of experience and have not performed much or competed before and have not fully mastered all beginner level moves. Aerialists at this level are not inverting from the floor or aerially on their apparatus but can do basic mounts and skills in and under the apparatus. The focus at this level is displaying appropriate use of the apparatus and a mastery of basic moves and transitions in and out of the apparatus. Instructors should not compete at this level.

★ Level 2 - Novice

- This level is for the aerialists who have been at it a while, but still have to work on a few things before they're ready to jump to the next level. These aerialists have mastered most basic moves, transitions, mounts, and dismounts, but are still not inverting from the floor or aerially. The focus at this level is showing a mastery of the basic skills, clean transitions in and out of the apparatus, clean transitions

between moves and poses, and skill under the apparatus as well. Instructors should not compete at this level.

★ Level 3 - Intermediate

- This level is for the aerialists with a little more experience, who have mastered all of the basic skills, mounts, dismounts and transitions and are now working on more intermediate level skills. These aerialists are able to invert from the floor, but may not have a full mastery of aerial inversions yet and are working on cleaner transitions and movements under and in the apparatus as well as on top where the apparatus allows. The focus at this level is showing a mastery of the skills required for both beginners and novices as well as progress towards use of the full apparatus, clean transitions on and off the apparatus, as well as a progression of skills. Spin use is expected at this level when applicable to the apparatus.

★ Level 4 - Advanced

- This level is for the aerialists who have anywhere from one or two years to several years experience, have mastered basic skills and most intermediate skills and are working on some of the more advanced skills, but may still be struggling with the highest level tricks. These aerialists will have begun working on drops and have mastered one or two, when applicable to their apparatus, and building routines with a higher level of showmanship and skill. The focus at this level is showing a mastery of the skills required for intermediate aerialists and progress towards more advanced movement using the entirety of the apparatus, clean transitions on and off the apparatus, as well as clean and neat transitions between moves and combinations. Spin use is expected at this level when applicable to the apparatus.

★ Level 5 - Professional

- This level is for our most advanced aerialists, these aerialists have mastered most moves on their apparatus, and several drops as well.

They are always looking for new things to learn and in some instances teach others! These aerialists will be able to perform moves on all areas of the apparatus and have smooth transitions between moves and combinations as well as smooth mounts and dismounts. They are expected to be able to do inversions from the floor and in the air when applicable with clean straight lines as well as straight arm inversions where applicable. The focus at this area is showing a thorough mastery of advanced skills, moves, combinations, transitions, mounts, dismounts, and overall use of every area of your apparatus. A higher level of showmanship is expected at this level than the others and performers are required to use spin when applicable to the apparatus at this level.

What If I'm Between Levels?

This is a very common question throughout any type of competition. There is no really solid answer for it either, at the end of the day each competitor needs to determine where they feel comfortable competing based on their skill levels and where they feel they will be at the time submissions are due. Even if you enter early on as a lower level and feel you need to move up you can edit your entry right up until submissions close. But where you or your coaches feel you fall is something you have to decide when registering and while preparing your competition piece.

That being said, competitors should never intentionally sign up to compete at a level lower than they are, sandbagging at any level will not be tolerated. The judges and Aerial Star Organization staff reserve the right to move competitors up a level if a consensus has been reached concluding that the competitor has intentionally entered at a level lower than they are. In the instance this happens you will receive an email prior to the event livestream notifying you of the level change and your submission will be moved into that level to be re-judged meeting that level's criteria.

There is literally a level for every type of competitor as well as an age division for all competitors and we encourage anyone of any level to compete. We cannot wait to see what all of our amazing competitors bring to the virtual stage!